

(Reese T. Jones)

December 5, 1985 A.M. Session

SUPERIOR COURT OF THE STATE OF CALIFORNIA

FOR THE COUNTY OF SANTA BARBARA

DEPARTMENT NO. 2

HON. BRUCE WM. DODDS, JUDGE

ELAYNE D. GALBRAITH, et al.,

Plaintiffs,

vs.

No. 144417

R. J. REYNOLDS TOBACCO
COMPANY, et al.,

Defendants.

REPORTER'S TRANSCRIPT OF PROCEEDINGS

December 3, 4 and 5, 1985

APPEARANCES:

For Plaintiff:

LAW OFFICES OF MELVIN BELLI
BY: MELVIN BELLI, ESQ.
PAUL MONZICONE, ESQ.

For Defendant
R. J. Reynolds:

LAWLER, FELIX & HALL
BY: THOMAS WORKMAN, ESQ.
F. JOHN NYHAN, ESQ.

and

ARCHBALD & SPRAY
BY: DOUGLAS LARGE, ESQ.

and

ROBERT WEBER, ESQ.
Pro Hac Vice

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Pages 1402 through 1781-82

NORMA JEAN WINDORTH, CSR NO. 2906
Official Reporter
Courthouse
Santa Barbara, California 93101

1 case. We'll, just like other things, have to delete that.

2 THE COURT: You can do whatever you want.

3 MR. BELLI: I want that so your Honor won't accuse me
4 of bad faith like you did the other day.

5 THE COURT: I understand very well. We'll take about
6 ten minutes and get the jury in.

7 (RECESS)

8 (Whereupon, the following proceedings
9 were held in open court within the
10 hearing and presence of the jury:)

11 THE COURT: Good morning, ladies and gentlemen.

12 It's my understanding that the jury had a big
13 party because Mrs. Anderson and Mr. Dotts had a birthday.
14 They didn't invite counsel or the Court.

15 JUROR DOTTS: It's an all-day affair.

16 MR. BELLI: We can sing.

17 THE COURT: Are you ready to proceed, counsel?

18 MR. BELLI: Yes. We have Dr. Reese Jones, if we may.

19 Doctor, would you please step up and be sworn.
20

21 REESE T. JONES,

22 called as a witness for and on behalf of the plaintiffs,
23 having been duly sworn, testified as follows:

24 THE CLERK: You do solemnly swear that the testimony
25 you are about to give shall be the truth, the whole truth, and
26 nothing but the truth, so help you God.

27 THE WITNESS: I do.

28 THE CLERK: Please be seated and state and spell your

1 name.

2 THE WITNESS: The name is Reese T. Jones. First name
3 R-e-e-s-e. T. Last name Jones, J-o-n-e-s.

4
5 DIRECT EXAMINATION

6 BY MR. BELLI:

7 Q Doctor, I am going to question you so everybody
8 will know I am still in the case.

9 I want to ask you first about your curriculum
10 vitae. This shows where you went to school and everything
11 about you professionally.-

12 So, let me ask you: Where did you take your
13 premed studies?

14 A I trained at the University of Michigan in
15 experimental psychology.

16 Q What is experimental psychology?

17 A To try to understand what motivates, what governs
18 people's behavior, how they think, how they learn and react.

19 Q And what are you doing now and where?

20 A I am -- for the last twenty-five years have been
21 at the University of California, San Francisco, the Medical
22 Center, I am currently a professor of --

23 Q You are a faculty professor there?

24 A Yes.

25 Q Do you have your own private practice?

26 A I see occasional consultations, but I am
27 full-time teaching and research.

28 Q What field?

1 A In the field of psychopharmacology.

2 Q How about "pharmacology," what is that?

3 A Pharmacology is the systematic study of the

4 effects of drugs on the organism.

5 Q Did you have any professional formal training in

6 pharmacology?

7 A Well, in medical school, one gets a number of

8 courses in pharmacology.

9 In addition, through my four years of medical

10 school, I spent elective periods, summer, working full time in

11 a pharmacology laboratory, studying the effects of

12 psychoactive drugs.

13 Q Were you on the Federal Drug Administration's

14 committee with reference to some nicotine gum?

15 A I served on the Food and Drug Administration

16 committee on drug abuse, which was the committee that just

17 happened to review the clinical material associated with

18 Nicorette gum.

19 Q Nicorette?

20 A Nicorette. N-i-c-o-r-e-t-t-e.

21 That is the first marketing of nicotine as a drug

22 as opposed to dispensation in tobacco --

23 THE COURT: Mr. Belli, you're stepping all over the

24 witness. Let him finish the answer.

25 MR. BELLi: I am sorry.

26 THE COURT: Are you through?

27 THE WITNESS: Yes.

28 Q BY MR. BELLi: Is that the same nicotine in

1 cigarettes.

2 A It's identical to the nicotine in cigarettes.

3 Q Is that gum addictive?

4 A In the package insert, the warning that is given
5 to patients and also to physicians prescribing the gum are
6 advised to give a warning that it's an addictive,
7 habit-forming, dependence-producing substance

8 Q Is that the same type of nicotine in cigarettes?

9 MR. WEBER: Objection: It was just asked --

10 THE COURT: Sustained. It was asked and answered.

11 Q BY MR. BELLI: Let me ask you about some of your
12 positions and appointments so we'll learn a little bit more
13 about you.

14 How about the Philadelphia General Hospital, did
15 you do anything there?

16 A That was a rotating internship in a very large
17 big city, general hospital.

18 Q Were you an assistant resident at the University
19 of California Medical Center in San Francisco?

20 A I have had all of my residency training in
21 psychiatry at the University of California, yes.

22 Q How about the Langley Porter Neuropsychiatric
23 Institute in San Francisco?

24 A That is the specialized institute at the
25 University of California where the psychiatric treatment and
26 research is done.

27 Q You're on the full-time faculty at the University
28 of California, the medical school?

1 A That's correct.

2 Q Did you do anything ever with the Food and Drug
3 Administration Abuse Advisory Committee?

4 A Well, that is a committee of people who are
5 thought to be knowledgeable in the area of how -- what
6 determines the abuse liability, the addictiveness of drugs,
7 and our task was to review new drugs that were considered for
8 marketing as to what their addiction potential would be.

9 I served on that committee for a few years.

10 Q Are you still on that?

11 A No, I rotated off after four years. I am no
12 longer on that committee.

13 Q What do you mean, you "rotate off"?

14 A Sometimes rotate back on, is what I mean by
15 rotate.

16 Q Veterans Administration Merit Review Board.

17 Are you on that?

18 A I just finished a three-year term of duty on that
19 review board.

20 Q How about the National Research Council,
21 Committee on Toxicology?

22 A That was another committee where I was appointed
23 as an expert to review the psychoactive effects of a variety
24 of psychoactive drugs. That research was done some years ago
25 by the U. S. Army.

26 Q Did you ever have anything to do with the
27 National Academy of Science Institute of Medicine?

28 A There was a committee, which I was a part of that

1 body.

2 Q Did you have anything to do with a drug abuse
3 research grant with the National Institute on Drug Abuse?

4 A Well, my major time has been spent, for the last
5 twenty years, on a variety of research grants on drugs of
6 abuse, all supported by the National Institute on Drug Abuse.

7 Most of it has been the last ten years, where I
8 directed a clinical drug research center sponsored and funded
9 by the National Institute on Drug Abuse, where we focus on
10 drugs like cocaine and tobacco and opiate drugs -- morphine,
11 heroin -- and other drugs that are-considered to present
12 problems in terms of people's habitual addictive abuse of it.

13 Q Did you have any tour of duty with the United
14 States Public Health in the --

15 A I spent two years -- my tour of duty consisted of
16 two years working at the National Institute of Mental Health
17 back in 1959 through the '60's. They were just beginning what
18 was called then the Psychopharmacology Service Center, which
19 now has grown into the Psychopharmacology Research Center,
20 which has been the main body that encourages, stimulates,
21 funds studies and research grants in the area of
22 psychopharmacology and drugs.

23 Q When you put psychopharmacology together, what
24 does that entail; what do you do?

25 A Psychopharmacology is focusing on the classes --
26 the pharmacology of classes of drugs that primarily affect
27 mood, thinking, sensation; that is, brain events as, say,
28 compared to cardiovascular drugs, which would mainly be

1 heart-affecting drugs or renal drugs.

2 It's trying to deal with, trying to measure,
3 trying to determine the mechanisms of drugs that affect the
4 mind as opposed to drugs that might effect some other organ
5 system.

6 When I say "the mind," I generally mean the
7 brain.

8 Q Do you see private patients?

9 A Very rarely do I see private patients. As I
10 said, I am full time in teaching and research.

11 Q Do you see patients for the university?

12 A I see patients in consultations as part of my
13 position as a professor at the university where, if a junior -
14 staff member has a problem, usually in the area of drug
15 dependancy on psychopharmacology, I will often consult on that
16 by virtue of my activity as a university professor.

17 Q Let me jump ahead so I can ask the next question.

18 Do you have an opinion as to whether the tobacco
19 smoke in the cigarettes that we have on the market today is
20 addictive?

21 A I think there is absolutely no question that it's
22 the prototype of an addicting drug.

23 Q What do you use to base your opinion on?

24 A To summarize, it's my experiences, in the last
25 eight years, where we are -- our group that I am associated
26 with has probably the most extensive, broad-based tobacco
27 research program active in the United States right now. It's
28 based on authoritative textbooks of medicine, Cecil's Textbook

1 of Medicine. This just came out a few months ago.

2 Q Let me ask you about Cecil.

3 Is Cecil's the leading textbook on medicine and
4 has been for years?

5 A It's one of the Bible's, one of the greats in
6 medicine. It's one of the highly authoritative texts that
7 every physician would refer to as an authoritative statement.

8 Q What do you rely on in this with reference to
9 cigarette smoking being addictive?

10 MR. WEBER: If there is a recitation of what is in the
11 book, I think it's improper.

12 THE COURT: The way the question is phrased, it's
13 proper.

14 Q BY MR. BELLI: Just don't give us all the book.

15 THE COURT: What did you rely on, Doctor?

16 THE WITNESS: Well, in Cecil there is the statement
17 that tobacco and nicotine are, again, quite typical of drugs
18 that are considered to be addicting.

19 I also rely on a chapter in Goodman and Gillman's
20 textbook of pharmacology, which is another one of the Bibles
21 in medicine, one of the books people would take to a desert
22 island, if they only had a choice of two or three books, and
23 had to practice.

24 Q BY MR. BELLI: Would you take one of mine along,
25 too? I shouldn't say that.

26 A There is a whole host of the Surgeon General's
27 reports that have been issued over the years from the National
28 Institute of Health; at least ten reports I am familiar with

1 in detail issued by the National Institute of Drug Abuse over
2 the past ten years or so.

3 Reports from the Royal College of Physicians.

4 Q Where is the Royal College of Physicians?

5 A It's a British organization somewhat equivalent
6 to our American Medical Association that conclude quite
7 unequivocally that tobacco is an addicting drug.

8 THE COURT: Mr. Belli, Mr. Weber. May I see you a
9 moment.

10 (Side bar conference not reported.)

11 Q BY MR. BELLI: I asked you a question a moment
12 ago about whether cigarette smoking was addictive in your
13 opinion. You answered that, and you said something about --
14 it was a compound answer -- nicotine and tobacco.

15 What do you mean? Do you distinguish --

16 A Well, in discussing, particularly, issues related
17 to addiction dependency and so on, things are very complex
18 when you talk about tobacco, because tobacco is a complex
19 mixture of drugs, and it's hard to separate certain effects of
20 tobacco from the effects of learning and things people read
21 and see in the milieu around them.

22 On the other hand, if you focus in on nicotine --
23 that is the pure substance that is in tobacco; that is
24 probably the most important pharmacologic reason why people
25 use tobacco, then things become a little simpler, because
26 nicotine you can measure, you can put it into animals easily,
27 where you can't put tobacco into animals easily. There is a
28 host of experiments one can do about nicotine rather than

1 tobacco.

2 The reason I use the two terms together is that
3 my feeling, and the feeling of almost everyone that I know who
4 is heavily involved in psychopharmacological research of
5 tobacco is that one can transfer most of what we know that
6 controls the use of nicotine and transfer it to what controls
7 the use of tobacco.

8 If you just keep in mind that one is a very
9 simplistic -- i.e., nicotine; and one is a very complicated
10 mix of thousands of things, tobacco -- I have to be careful.
11 I will slip back and forth sometimes talking about nicotine,
12 sometimes about tobacco, because that is the way we
13 conceptualize this right now.

14 Q How about these animals studies you say that they
15 have done with reference to nicotine.

16 What are they?

17 A Nicotine seems to be rewarding to an animal; that
18 is, what I mean by that is animals will self-administrate it
19 as if they want it. This is one of the operational
20 definitions of a drug that has abuse liability.

21 That is, if you set up a situation where the
22 animal has a choice of administering it, whether he
23 administrates it or not. And drugs like cocaine, heroin and
24 other opiates, drugs like alcohol and drugs like tobacco --
25 i.e., nicotine -- animals will self-administrate quite
26 actively.

27 Q Do you have an opinion, medically, as to why they
28 do that?

1 A Well, I have to express my opinion with the bias
2 of a human researcher that, probably, because they like it;
3 that is, anthropomorphizing.

4 Who knows what goes on in a monkey's head, a
5 rat's head. I prefer to do similar experiments with humans.
6 I ask, "Why do you use nicotine?" I don't do animal studies.
7 I do human studies.

8 Q How do you compare nicotine or cigarette smoking
9 as being addictive with cocaine and heroin?

10 A It's always hard to compare just what drug is
11 more addictive than any other drug because issues like
12 availability and information about the use of a drug, et
13 cetera, determine a drugs addictiveness as well as the
14 pharmacology documents.

15 There is a fair amount of data that only a
16 psychiatrist could get, a pharmacologist wouldn't get. I am
17 trying to defend my position: Why is a psychiatrist doing
18 this?

19 This is, if you take people addicted to heroin
20 and tobacco, or if you take people addicted to alcohol and
21 tobacco, or if you take people who are addicted to cocaine and
22 tobacco, and you somehow by treatment eliminate their heroin
23 addiction, eliminate their alcohol addiction, eliminate their
24 cocaine addiction, that is hard to do. But it's easier than
25 eliminating their tobacco addiction.

26 If you go to a heroin clinic where people are on
27 methadone or clinics where they are not on methadone, people
28 that have stopped using those substances still using tobacco.

1 If you go to some alcoholic institutes -- the
2 traditional AA group people have successfully gotten their
3 alcohol addiction under control. They are still smoking.

4 The same for cocaine in our experience.

5 Ask the heroin addict or the alcoholic, "Why
6 don't you stop smoking? You were able to stop using heroin.
7 Your were able to stop using alcohol." Almost invariably the
8 answer is, number one, "My God, what kind of sadist are you to
9 force me to give up my last pleasure."

10 Number two, "I can't stop it. Yes I can stop the
11 coke. Yes, I could stop the heroin. I can't stop smoking."

12 Q That brings us right down to the area of freedom
13 of choice, which is so dear to us in this country and all over
14 the world. It should be.

15 Do you have -- in your opinion, as a
16 pharmacological and psychiatric worker, do you have a freedom
17 of choice of stopping nicotine?

18 Are we all the same in that regard. Are we able
19 to --

20 MR. WEBER: I object. I am not sure I understand the
21 question, your Honor. There were about three of them tied
22 together.

23 THE COURT: I am not sure I understood it either.

24 MR. BELLI: I withdraw.

25 Q BY MR. BELLI: Do we have a freedom of choice in
26 stopping nicotine?

27 MR. WEBER: I object to the incomplete nature of it.
28 Who does the "we" refer to, an average person; what is it?

1 THE COURT: I assume you're referring to an average
2 person?

3 MR. BELLI: Yes.

4 THE COURT: Hypothetical person?

5 MR. BELLI: Yeah.

6 THE COURT: All right.

7 With that understanding, go ahead.

8 THE WITNESS: Well, to give, you a -- to narrow my
9 answer down to, say, let's consider someone who just smokes
10 two packs or three packs a day of tobacco, cigarettes, and has
11 been doing such a thing for forty years or so, and has good
12 reason to stop. to give a yes-no answer -- "Does that person
13 have freedom of choice?" -- sort of ignores the whole
14 philosophy of free will, and what determines one's ability to
15 determine one's destiny. I have to give it a little indirect.

16 Number one, the person who has been smoking two
17 or three packs a day of cigarettes, and -- to make it simple,
18 two packs day -- is getting four hundred doses of nicotine a
19 day.

20 Q How do you figure that?

21 A Each cigarette, on average, someone would take
22 ten puffs, sometimes twelve, ten on an average.

23 Each puff -- the way nicotine works as a drug,
24 each puff, really, the only way you can consider, is a single
25 dose because the smoker adjusts each puff as it goes from the
26 lungs to the brain.

27 If someone is doing something like that seven
28 hundred times a day or more, seventy, eighty thousand times a

1 year -- if you're a two-pack-a-day smoker, over a hundred
2 thousand times a year -- what does it take to stop that?
3 Well, it's more than just making up one's mind and saying, "I
4 am going to exercise free will and stop."

5 What has happened is there is all sorts of an
6 adaptive processes going on that the body, the brain sets up
7 to compensate for the presence of the smoke and the nicotine.

8 Q Can you stop right there and tell us a little
9 more about that specific subsection.

10 A lot of an adaptive processes that are going on,
11 Let me ask you with reference to is that body
12 chemistry or what?

13 A I am referring to body chemistry.

14 Fairly complicated neurochemical changes from the
15 little -- bolus is the term we use, these loads of nicotine
16 that seven seconds after one takes a puff in the lungs, it
17 hits the brain; it triggers the release of all sorts of
18 hormones, endorphins, probably adrenalin, things that make
19 people feel good and feel happy.

20 Now, there is all sorts of mechanisms in the body
21 that try to counterbalance this. The body tries to maintain a
22 state of -- homeostasis is the fancy word.

23 Q What does that mean?

24 A If a drug changes some system in the body, the
25 body's mechanism tries put things back the way they were.

26 There is all sorts of adjustments going on to
27 keep the blood pressure that goes up after smoking to make it
28 go down; to make the mood elevation, the increase in the

1 tension, the good things about nicotine, which there is a lot
2 of them, there is all these other mechanisms that suppress it.

3 When you take away the nicotine -- if the smoker
4 says, "I have had it. I have stopped." It's as if these
5 adaptive mechanisms -- I am summarizing a host of them --
6 these adaptive mechanisms have nothing to work on when you
7 take away the nicotine. It's as if they are running wild.

8 If, instead of getting relief from an irritable,
9 hostile, short-tempered state as the nicotine does, when you
10 take away the nicotine, the person become irritable, short
11 tempered, impatient, depressed, headachy, sleep disturbances,
12 and bowel disturbances.

13 You can say, "Free will is free will." I will put
14 up with this a couple of days, and it will go away." There
15 are other forces that make it very, very difficult to do.
16 Friends around are smoking. You're working in an office where
17 someone says, "Oh, have a cigarette. You look awfully
18 irritable. You look hostile. You're difficult to live with.
19 Have a cigarette."

20 Everywhere one looks in the environment one sees
21 information that people tell you, people let it be known there
22 is good things about smoking. You're missing them all because
23 you gave this up. So, you have this deranged internal state
24 which is really basically, chemically determined with all
25 these psychological factors, social factors, economic factors,
26 all sorts of other things all conspiring to sort of force this
27 person back into smoking again, which makes the whole issue of
28 it's sort of free will depending on what?

1 Free will works fine even for someone who is
2 addicted, three-pack-a-day smoker for thirty-five years,
3 smoking high nicotine-delivery cigarettes if that person is
4 working in a smoke-free office, if they have just had a
5 romantic involvement -- is in an intense one with someone who
6 hates smoking -- if some doctor says, "You have a spot on your
7 lung; and, if you stop smoking it will go away"; and if you
8 don't hear any positive messages from anybody about the joys
9 of smoking, then you can exercise free will and it will work.

10 I apologize to the Court, and perhaps to the jury
11 for taking so much time. But I think it's a basic question
12 you ask that is very difficult give a simply direct answer to.

13 Q Let me ask that question with reference to
14 cocaine and heroin.

15 Do you have the same chemical interdependency
16 with reference to the body's chemistry as you do with smoke?

17 A There are many similar neurochemical adaptations
18 that go on with both heroin and cocaine.

19 There is one enormous difference that is outside
20 the area of chemistry between cocaine and heroin and tobacco.
21 It is that, with heroin, there is a hundred thousand
22 addictions -- at the most, a hundred fifty thousand. Maybe
23 there is another, on the outside, another million people using
24 heroin.

25 So, if you are a heroin addict who tries to stop,
26 it's hard to get the heroin. There is fewer people around
27 you, particularly if you move from the neighborhood and go
28 someplace else where there are fewer people, who say, "A shot

1 of heroin is not so bad."

2 The same thing, to some extent, with cocaine.
3 It's harder to get cocaine than tobacco. It's easier to get
4 away from the cocaine scene than it is with tobacco.

5 When you compare those two drugs with tobacco,
6 there is fifty-five million users around. It's probably
7 easier to obtain tobacco than any other substance, next to
8 water, known to man. Any hour of the day or night, you can
9 buy cigarettes. You can't always get food, or sometimes even
10 a drink of water. For the person trying to quit, there is
11 tremendous difference between heroin, cocaine and nicotine
12 tobacco.

13 In response to that earlier question, what is
14 more addictive, I suppose, if heroin, cocaine and nicotine
15 were equally available, then we could better test that out.
16 That is being done in laboratories. We may want to review
17 that data.

18 Other than that, you have all these other social,
19 economic, environmental things around that distort just what
20 is going on chemically in a person's head after the drug is
21 stopped. You have to consider the whole picture.

22 Q Have you done any lab work,
23 electroencephalograms, x-rays with reference to someone
24 smoking and see there if is an actual change in the chemistry
25 in the body with reference to smoking?

26 A We and a number of investigators have recorded
27 brain waves, EEG's, which is one very traditional index of
28 changes in brain activity and brain function.

1 We find that, if you take someone who is using
2 two packs a day of cigarettes regularly, don't let them smoke
3 for twelve hours or so, their brain waves, particularly their
4 natural rhythms slow down, give a picture electrically of
5 someone who is a bit sluggish, blah, depressed. It's
6 consistent with that state.

7 Give them some nicotine, either by smoking in a
8 cigarette or more precisely by injecting it into their arm or
9 in the form of Nicorette gum or others, given as an aerosol or
10 as an oral tablet -- anyway, you give the cigarette or
11 nicotine; you see an immediate, within seven, eight, ten
12 seconds after it goes in -- smoking, longer, orally -- you see
13 an immediate altering of the brain wave.

14 The alpha active which was sluggishly going along
15 at eight cycles per second goes up to twelve. Subjectively,
16 mood-wise, the subject says, "I feel better. I feel more
17 alert. I am less irritable," et cetera. They can give this
18 on various rating scales.

19 This indicates, so far as you can do
20 electrically, that here's the drug going from lung to brain.
21 The electrical changes change at about the time the mood
22 changes occur. For those who need that sort of documentation,
23 it's there on paper.

24 Q Let's take someone -- I ask if you have an
25 opinion, that this man would be addicted who has been smoking
26 since he was fifteen --

27 MR. WEBER: Objection, your Honor.

28 THE COURT: Sustained.

1 Approach the side bar.

2 (Whereupon, the following proceedings
3 were held at the side bar outside the
4 hearing of the jury:)

5 THE COURT: Mr. Belli, I told you specifically not to
6 have this witness talk about Galbraith.

7 MR. BELLi: He's not going talk --

8 THE COURT: He's going to talk about somebody who was
9 fifteen years old --

10 MR. BELLi: Took the cannula out and smoked.

11 THE COURT: That is not Mr. Galbraith?

12 MR. BELLi: If it weren't Mr. Galbraith, then the
13 question would be incompetent, irrelevant and immaterial; the
14 hypothetical assumes facts not in evidence.

15 THE COURT: You specifically violated the Court's order
16 again.

17 MR. BELLi: Judge, I just don't understand you.

18 THE COURT: I am sorry you don't understand me. I do
19 understand you. I want you to abide by the Court's order.

20 MR. BELLi: I resent that, Judge.

21 THE COURT: You can resent it all you like.

22 MR. BELLi: I know, and I do.

23 THE COURT: You were specifically instructed not to ask
24 this witness about anything concerning Mr. Galbraith. You
25 started to do so. Do not do so.

26 MR. BELLi: I asked generally, "A man that smokes..."

27 --

28 THE COURT: You were here this morning.

1 MR. BELLI: That is what I did.

2 THE COURT: I don't know how you could not understand.

3 MR. BELLI: Would your Honor tell me what I can ask
4 with reference to a man that smokes two packs of cigarettes a
5 day --

6 THE COURT: You can say, "If a person is a heavy
7 smoker, are they addicted?" It was what we discussed for
8 fifteen minutes.

9 MR. BELLI: Well, "Taking the cannula out and smoking,
10 is that addiction?"

11 THE COURT: You cannot --

12 MR. BELLI: Jesus, Judge --

13 THE COURT: You cannot say anything about Mr.
14 Galbraith.

15 Do you think I am an idiot? Do you think the
16 jury is an idiot? Do you think they won't make that
17 connection?

18 MR. BELLI: I don't think the jury is an idiot.

19 THE COURT: The implication you think I am is accepted.

20 MR. BELLI: Judge, I understand that I can't ask a
21 question about a man is a heavy smoker, two packs a day;
22 started smoking when he was fifteen; and then, when he was
23 sixty-nine, he had cancer.

24 THE COURT: I am going to only say this once, and we're
25 going to go back there: Mr. Belli, you're not to ask any
26 questions and the witness is not to say anything -- I think
27 the witness understands -- relating to Mr. Galbraith or
28 relating to the facts of this case, period, end of order.

1 I said that specifically this morning.

2 MR. BELLI: Will your Honor tell me so I won't violate
3 the order, can I say, "If a man is a heavy smoker with two to
4 four packs a day, is he addicted." Can I ask that?

5 THE COURT: You may.

6 MR. BELLI: Then can I go further and say that he's
7 been smoking since his early age?

8 THE COURT: You may not. You seem to want to walk
9 beyond the line no matter where it goes. I am going to make
10 you stay a little further in the line.

11 You say if a person is a heavy smoker for many
12 years -- which has already said forty years, which certainly
13 seems to imply Mr. Galbraith, which I noted at the time.

14 I am sure you did, Mr. Weber.

15 MR. WEBER: Yes, your Honor.

16 THE COURT: The attempt to circumvent the Court's
17 orders is just getting really annoying. You will not say
18 anything that indicates that this witness is relating his
19 testimony to Mr. Galbraith, because he did not do anything in
20 that regard at the time of the deposition.

21 This is the third witness we've gone through on
22 this. Why we do it each and every time is beyond me.

23 Let's proceed.

24 MR. BELLI: Can I ask if a man is told not to smoke,
25 and he has a terminal illness and he continued to smoke, if
26 he's addicted?

27 THE COURT: Mr. Belli, are you telling me you don't
28 believe that what you just asked me relates to Mr. Galbraith?

1 MR. BELLI: Yes, but I can't mention the facts of Mr.
2 Galbraith's terminal illness?

3 THE COURT: That's right. Because this witness didn't
4 know anything about the Galbraith illness at the time of the
5 deposition.

6 Let's proceed.

7 MR. BELLI: I can't -- never in my life, Judge --

8 (Whereupon, the following proceedings
9 were held in open court within the
10 hearing and presence of the jury:)

11 MR. BELLI: Doctor, there are a number of people who
12 stopped smoking, as well as a number of people who stopped
13 heroin and cocaine.

14 Is that true?

15 A That is quite true.

16 Q Does that make the three any the less addicting.

17 MR. WEBER: Objection to the leading, your Honor.

18 THE COURT: Overruled.

19 THE WITNESS: No.

20 By the very definition of addiction, you don't
21 know whether you have an addiction unless someone has tried to
22 stop, and part of the definition is you stop and you relapse.
23 The fact that people stop addictive drugs in any way is
24 contrary to the notion that they are addicting drugs.

25 Q Do you know if there is any statistics as to how
26 many people have stopped smoking then started again, stopped
27 and started again?

28 A I know of no good authoritative large sample

1 statistic.

2 I know, from our experience in our laboratory
3 with six hundred patients who have come through a tobacco
4 treatment clinic and probably two hundred patients who have
5 been in other experiments, on average, these patients have
6 tried to stop four times.

7 Now, in general they are adults, thirty years
8 old. So, the numbers of times would depend on the age and all
9 sorts of things. Certainly, four or five times trying to
10 stop, restarting is more typical of the tobacco smoker than
11 the exception, and the same is true of the other drugs.

12 There is multiple reports from a subject: "How
13 many times have you tried to stop?" "Oh, a dozen times."

14 Q What does that have to do with the question of
15 free will, the right to choose if you stop smoking and then
16 you start in again; what is it that makes you start in again?

17 A What -- it's no simple answer to all the factors
18 that make you start in again.

19 Q Is there something?

20 A Well, yes. There is no question. It's an
21 application of the pharmacologic factors I alluded to, the
22 social, The psychological forces, the experiential things that
23 surrounds any addict, smoker or otherwise.

24 Q Do some people in the clinic have an easier time
25 stopping; and, if so, why?

26 A There is a difference in all addicts how easy it
27 is to stop. You have to remember in a clinic situation where
28 the best data come from -- by definition, these are the people

1 who have had the most trouble stopping who come to a clinic,
2 pay money, go through paper work to get treated. They
3 couldn't stop themselves. They are people, whether because of
4 motivation, because of a different genetic background, or
5 different body chemistry or different friends, or different
6 newspapers they read, or different activities they participate
7 in, they have more trouble quitting than the people who don't
8 come to the clinic.

9 I know a lot about the six hundred who come to a
10 clinic and other tobacco treatment clinics. Nobody knows
11 about the millions of people who quit on their own,
12 particularly how often they quit, how often they went back to
13 smoking, what made them go back and all these things. These
14 are virtually -- they are unanswerable questions right now.

15 Q Do you think cigarettes should be banned,
16 cigarette smoking?

17 A If by "banned," you mean some legal
18 prohibition --

19 Q Yeah.

20 A I don't think so, no.

21 Q You don't think so.

22 How about the genetic response in smokers, are
23 some people different than others? -- just enlarging on what I
24 just asked you.

25 A There are great differences in people for reasons
26 for smoking, and the way their autonomic nervous system reacts
27 when you give them tobacco smoke or nicotine. This is just
28 beginning to develop as an area of research. It's well known

1 that a population of smokers in general tend to be extroverts
2 rather than introverts.

3 They tend to be what is called by the
4 psychologists sensation seekers, thrill seekers. Their
5 outlook being for things rather than being conservative and
6 not looking for new sensations.

7 This is not only sensation in the sense of going
8 to Disneyland, but sensations in food and eating and
9 everything else. They tend to be Type A-type people, more
10 driven, more active rather than contemplative B-type people
11 who are relaxed and laid back.

12 The issue has always been: Did the tobacco use
13 cause that or were they different to begin with. That is sort
14 of a basic issue.. That answer is sometimes undetermined.
15 It's probably a little bit of both.

16 It was probably a predisposition for those who
17 start smoking three packs a day. That has to do with some
18 wired-in genetic sort of predisposition, I would bet. But
19 that is the nature of humankind. That is the nature of
20 people, all drugs and all things.

21 I think that is probably one thing that medical
22 science has really nailed down in recent years: that there is
23 a lot of wired-in potential in all of us. But whatever the
24 genetic wired-in potential is, all these forces, what you're
25 told about tobacco, what you believe about tobacco, what your
26 dearest friends tell you about tobacco, who you live with, who
27 you don't live with, all are just as important -- and I think
28 far more important -- than the genetic whatever neurochemical

1 quirk might be different because they are so pervasive.

2 Q Do you have any figures and percentages on those
3 who are unable to quit who tried?

4 A Well, every survey that I am familiar with,
5 certainly in the last ten years, that has asked populations of
6 smokers, "Why do you smoke? Do you want to smoke?" the
7 majority of responses has always been more than fifty percent,
8 sometimes as high as ninety percent say, if they could quit,
9 they would stop smoking.

10 A partial answer to your question, fifty to
11 ninety-seven percent of smokers asked say, "I would quit if I
12 could."

13 Now, if you say, "Why do you want quit?" then the
14 answers get rather complicated, and it's hard to summarize.

15 Most smokers for whatever reason -- I wish I
16 understood why; I probably would get a Nobel prize -- when
17 asked, say, "If you could stop smoking," -- this is not in the
18 teenage years; in the twenties and thirties -- most smokers
19 when asked, "Would you quit?" they always say yes,

20 What the difference is is in the smoker --

21 MR. WEBER: I object to the narrative answer. It's
22 nonresponsive.

23 THE COURT: Sustained.

24 Q BY MR. BELLI: Doctor, has there been any studies
25 of taking nicotine out of cigarettes and what happens to
26 people who are then given those cigarettes?

27 A People will not consistently, willingly or
28 happily smoke cigarettes that don't contain nicotine. People

1 with difficulty can learn to smoke cigarettes that deliver low
2 amounts of nicotine; but no one, to my knowledge, will
3 consistently smoke tobacco that has no nicotine in it.

4 Q Did you do some work with the National Drug Abuse
5 Center?

6 A Well, our work is supported by the National
7 Institute and Drug Abuse Center. We and others at their
8 Addiction Research Center are doing similar experiments.

9 MR. WEBER: The question was whether they did work for
10 them.

11 THE COURT: Sustained.

12 Q BY MR. BELLI: Your answer has been given?

13 A The answer is, yes.

14 Q Do you rely on what they are doing with reference
15 to nicotine cigarette smoking being addictive?

16 A I think the work done at the Addiction Research
17 Center supported by the National Institutes of Health is right
18 at the cutting edge of what is known about tobacco addiction.

19 Q Do you have an opinion, if I just gave you the
20 bare fact of someone smoking two, three packages a day, would
21 that bare fact itself shows addiction, or do you need some
22 more than that?

23 A To be -- to give a purist answer, one would have
24 to know had they ever tried to stop. I would find it almost
25 inconceivable that someone who is smoking two and three packs
26 a day regularly, who is an adult, would not have a very marked
27 element of tobacco addiction.

28 MR. WEBER: I would like to object and move to strike

1 the answer as nonresponsive.

2 The question was would that person be addicted?

3 THE COURT: Overruled.

4 Q BY MR. BELLI: How about eggs, potato chips,
5 Tutti-Fruitti bars, and all these things, junk food, are we
6 addicted to that?

7 A The answer is no, in that the classical,
8 traditional concept of addiction applies to drugs and food and
9 potato chips and eggs -- if you're worried about cholesterol --
10 are not drugs. They are foods.

11 The behavior is superficially similar if you do a
12 lot of something people say you should not do and you should
13 stop; but, in the superficial sense, it's same thing. It's
14 rare that a potato chip eater is doing something equivalent to
15 two hundred doses of something a day. If you're a pack-a-day
16 smoker, you spend five hours a day doing nothing but smoking.

17 I guess I would have to answer that in a potato
18 chip eater compulsively does nothing but eating potato chips
19 for five hours of their working day, maybe there are some
20 similarities.

21 Q When you say doing nothing but that, what do you
22 mean?

23 A Going through the ten minute ritual of finding
24 the cigarette, light it up, to taking the ten doses of
25 nicotine, to finding someplace to put it out. That is a
26 terrible waste of the time.

27 That's where the simple analogy is. Breaking
28 down the definition of addiction, you should emphasize it's

1 the compulsive drive in overinvolvement with something. To my
2 knowledge, the usual models that you cite, you don't have that
3 element of compulsive involvement, need that you see quite
4 typically in the tobacco smoker.

5 Q How many doses a day of nicotine and the other
6 components in cigarette smoke does a two, three-pack smoker
7 get?

8 A Between two hundred -- if it's two-pack-a-day on
9 average, two hundred doses and three-pack-a-day on average
10 would be four hundred doses a day every day.

11 MR. BELLI: You may cross-examination.

12 Thank you, Doctor.

13
14 CROSS-EXAMINATION

15 BY MR. WEBER:

16 Q Doctor, some questions were asked about the
17 number of persons and what data you knew about the number of
18 persons who quit smoking and ordinary ability to maintain
19 that; do you remember?

20 A Yes.

21 Q You stated you didn't have complete authoritative
22 data and went on to explain, did you not?

23 A Yes.

24 Q One thing you do know is that thirty-five million
25 people have quit smoking and not gone back; isn't that right?

26 A I have heard that figure was raised at the
27 deposition your firm took from me. I have seen it either
28 three million, thirty-five million at various places.

1 But, when I say "authoritative," for the last
2 month, I have read through, now, eight hundred publications
3 related directly or indirectly to tobacco dependency. That
4 figure keeps coming up, but nowhere do I find an authoritative
5 source of the data that makes up thirty-three million out of a
6 population of what? Over twenty years time, how many people
7 were smoking in the twenty years. It's an a mythological
8 figure. It sounds enormous. Three million is a big number.
9 Three million out of what. Maybe you know. I don't.

10 Q My question was you know and agree that
11 thirty-five million people have quit smoking and not gone
12 back. Isn't that true?

13 A I am sorry. I said I don't know.

14 That is true, because I don't ever -- I have
15 never been able to find the source. Everyone quotes everyone
16 else, but no one gives a study.

17 Q Let me read from the deposition page 35 to 36
18 starting at line 27.

19 THE COURT: Give counsel an opportunity to look.

20 MR. BELLI: Go ahead.

21 Q BY MR. WEBER: (Reading:)

22 "Q Do you agree there are 35 million
23 people in America who have quit smoking and not
24 gone back?

25 "A Sure. You know, I won't quibble
26 about a few million here or there. Yes, it's
27 a good number."

28 Q Now, Doctor, you also mentioned different

1 international groups during the course of your direct
2 examination, did you not?

3 A Yes.

4 Q You spoke about how they supported your feeling
5 that tobacco is an addictive substance, correct?

6 A Yes.

7 Q You didn't mention the World Health Organization,
8 did you, Doctor?

9 A I did mention it. I thought I did.

10 Q Doesn't the World Health Organization hold that
11 tobacco use is a non-dependent use?

12 A I was at a meeting two years ago in Copenhagen
13 where we were discussing the world health diagnostic
14 classifications, and tobacco dependence was one of the major
15 issues discussed there.

16 Q Doctor, doesn't the current international
17 classification of diseases by the World Health Organization
18 establish certain categories for drug dependence?

19 A That's right.

20 Q Tobacco use is not classified in drug dependence
21 is it?

22 A It is in ICD-9.

23 Q How about this one that says "ICD-9" on the
24 front.

25 Is that the one you refer to?

26 A Yes.

27 Q Isn't the use of tobacco classified as a
28 non-dependent use?

1 A What does it read?

2 Q Do you know one way or the other?

3 A No, I don't. I may be wrong on that thing.

4 Q So, you, as one who spent his life studying on
5 this for the past twenty years, don't currently know as you
6 sit here today what the World Health Organization
7 classification is for the use of tobacco?

8 A It's one of the twenty thousand facts that I
9 mentioned this morning that was wrong.

10 Q Now, you also made some comparisons between
11 opiate drugs and tobacco, didn't you, Doctor?

12 A Yes.

13 Q The fact of the matter is that even if tobacco is
14 viewed as a drug, it's not like the opiates at all with
15 respect to the whole topic of withdrawal, is it?

16 A I would disagree quite vehemently and vigorously.

17 MR. WEBER: Page 43, Mr. Belli, lines 16 through 20.

18 MR. BELL: Object to that: There is nothing in
19 impeachment.

20 THE COURT: There is an objection?

21 MR. BELL: Yes.

22 THE COURT: May I see it?

23 (Side bar conference not reported.)

24 THE COURT: I will allow the material to be read.

25 Counsel, go back to the other material to explain
26 that phrase.

27 MR. WEBER: Could I have the question and answer again
28 that preceded the side bar, your Honor.

1 THE COURT: You may.

2 MR. WEBER: Starting at line 3 on page 43:

3 "Q I take it you would agree that you
4 certainly couldn't do that with a tobacco smoker?

5 "A Only because opiates are a very
6 unusual class of drugs where there is a specific
7 antagonistist that immediately and abruptly turns
8 on the effects off the opiates so that you can,
9 in a sense, magnify the intensity of the
10 withdrawal symptoms.

11 "With tobacco, and with no other
12 drugs, we don't have any antagonist.

13 "But, if we had an antagonistist,
14 theory would predict, the pharmacology of
15 nicotine would predict, you would be able to
16 do that. But, we don't have it."

17 "Q If I understand your answer, you
18 would agree that tobacco is not like morphine in
19 that regard?

20 "A No other drug is like morphine. Of
21 the thousands of drugs, morpines or opiates, stand
22 out alone."

23 A You're taking a section --

24 THE COURT: There is no question pending.

25 MR. BELLI: You're not reading the rest.

26 THE COURT: You may not have an opportunity.

27 THE WITNESS: It's not my complete statement.

28 THE COURT: I understood that. You have an

1 opportunity --

2 MR. BELLI: I am just cooling him to you Judge not you.

3 THE COURT: Mr. Belli, you'll have an opportunity to do
4 something later.

5 Q BY MR. WEBER: Doctor, you don't doubt that was
6 the question and answer, do you?

7 A I said what you said there. It's what is on the
8 preceding page that is important.

9 Q Doctor, you went through your deposition
10 recently, did you not?

11 A I went through it a few weeks ago.

12 Q You made no changes to it at all, did you, sir?

13 A There is no -- nothing that I could see to
14 change.

15 Q All right.

16 A You are misquoting me.

17 Q Doctor, I thought we just established you said
18 the question and answer --

19 A You're playing a game and misquoting me. If you
20 want me to try explain so we can get to the truth, I would be
21 happy to. Otherwise there is nothing I can do.

22 MR. WEBER: I object to that and move to strike the
23 answer.

24 THE COURT: Sustained with regard to the doctor's last
25 comments.

26 Q BY MR. WEBER: Now, Doctor, you believe there is
27 no safe level of tobacco use, don't you?

28 A No. I don't believe there is any safe level of

1 tobacco use.

2 Q You believe there is no absolutely safe level of
3 the use of alcohol, don't you?

4 A I am not so sure of that. If you want to quote
5 what I said in the deposition, remember that it was in a
6 different context, and it was a couple months ago.

7 Q Well, have you changed your opinion on whether or
8 not there is a safe level of the use of alcohol in the last
9 two months, Doctor?

10 A That question wasn't asked that way. The
11 deposition -- if you are going to use my answer in the
12 deposition to the answer to that question, you're confusing at
13 least me.

14 Q Did you or -- did you not state at your
15 deposition, Doctor, that you tended to lean to the camp that
16 zero alcohol consumption was the only absolutely safe one for
17 any given individual?

18 A No, I didn't say that.

19 MR. WEBER: Could I show the witness that to refresh
20 his recollection, your Honor?

21 MR. BELL: What page is that.

22 MR. WEBER: On page 75, Mr. Belli.

23 THE COURT: When somebody asks you a question, we will
24 try to make sure we give you an opportunity to answer. Wait
25 until they finish the question, and only answer that question,
26 and then we'll do it question and answer.

27 Proceed.

28 Q BY MR. WEBER: Now, does that refresh your

1 recollection as to when you made that statement in your.
2 deposition?

3 A Would you read the statement as I made it in the
4 deposition again, please?

5 Q Let me ask my question.

6 A I have forgotten. Will you read it to me?

7 Q I thought I just showed it to you.

8 A I think it would be useful to read it so we both
9 agree what is there.

10 Q Let me show you again, Doctor.

11 MR. WEBER: Showing page 75 for the record --

12 MR. BELLI: Page 75?

13 MR. WEBER: Yes, sir.

14 Q BY MR. WEBER: Do you recollect having stated at
15 your deposition that you tended to lean to the camp that zero
16 alcohol consumption was the only absolutely safe level for any
17 given individual?

18 A I said I tended to lean to that camp, not that I
19 believed it.

20 Q The question, I think, if we go back, Doctor,
21 would show that I asked that specific one.

22 Now, Doctor, don't you also believe that, if a
23 person is choosing between wanting to smoke tobacco or use LSD,
24 he would be well advised to use the LSD?

25 A If we are talking about a fully-informed adult,
26 knowledgeable person, who knows all the risks and benefits,
27 knows the right way of doing it, yes, I think they would be
28 much better off using LSD than tobacco.

1 Q How about cocaine?

2 If I had a choice -- excuse me -- I don't mean
3 "I."

4 If a person had a choice on whether he was going
5 to smoke cigarettes or use cocaine, would he be well advised
6 to use cocaine?

7 A Use cocaine by what route and what dose? I can't
8 answer a general question like that.

9 Q I am not that familiar with the route. I think
10 it has something do with the nose on occasion.

11 Let's assume that, Doctor.

12 A I think they should not use the cocaine because
13 it's quite illegal right now. It's going to be enforced.

14 Q LSD was illegal, too, was it not, sir?

15 A You were asking that not in -- I don't understand
16 the context that you're asking these hypotheticals in.

17 Q That is a fair comment.

18 I am just trying to understand your viewpoint
19 about drugs. We've established so far, if a person has a
20 choice between smoking cigarettes and using LSD, you think he
21 would be well advised to use the LSD.

22 A With the caveats that I added.

23 Q If he was informed about each, correct?

24 A That's right.

25 Q My question is -- let's put LSD aside and address
26 cocaine. Let's say a person wants to make a choice about
27 whether he should smoke or use cocaine.

28 Would he be well advised to use the cocaine

1 instead of smoking the cigarettes?

2 A I think it would be fifty-fifty. They are both
3 equally dangerous.

4 Q That is a close call.

5 A That is a close call. They are both very
6 seductive drugs.

7 Q How about marijuana, if somebody wanted to
8 decide, "Should I become a marijuana smoker or a cigarette
9 smoker," is that a close call, too?

10 A I think marijuana -- we don't know enough about
11 either one. I don't think they should use either one. It's
12 different than LSD. We know a great deal about LSD, its
13 safety, its risk. We don't know enough about marijuana

14 Q Let's talk about the pharmacology you referred to
15 in your direct examination, if we could, all right?

16 A Yes.

17 Q Pharmacology and another term you used,
18 psychoactivity, relate to the effects on the nervous system or
19 the brain of various kinds of drugs, correct?

20 A That's right.

21 Q It's not -- strike that.

22 You can get a psychoactive reaction in the
23 central nervous system and the brain from other things other
24 than drugs?

25 A Yes.

26 Q You can get psychoactive reactions in the central
27 nervous system and the brain from different types of food
28 stuffs?

1 A I guess so. I don't know what you might be
2 referring to.

3 Q You can get psychoactive reactions from the
4 nervous system and brain from different types of activities,
5 can you not?

6 A Yes.

7 Q One type of food stuff that you can get
8 psychoactive reactions in the brain and nervous system from is
9 chocolate?

10 A Right.

11 Q Coke, you can, too? -

12 A Yes.

13 Q You can get psychoactive reaction in the central
14 nervous system and the brain from caffeine as well, can you
15 not, sir?

16 A That's right.

17 Q You can also get psychoactive reaction by
18 standing in front of a large audience to speak, can you not,
19 Doctor?

20 A Yes, you can.

21 Q You can get psychoactive reaction being in an
22 airplane then taking a parachute jump?

23 A Yes.

24 Q I suppose you can get one by asking a witness
25 questions or being the witness answering questions?

26 A Yes.

27 Q How about watching an exciting football game,
28 would you get psychoactive reaction?

1 A Correct.

2 Q How about when you turn on the cold shower in the

3 morning, you get psychoactive reaction?

4 A Right.

5 Q Assuming you you go into it.

6 Q How about smoking, you get a psychoactive

7 reaction?

8 A Yes.

9 Q It releases the endorphins?

10 A Yes.

11 Q It can lead to an increase in adrenalin as well?

12 A Usually.

13 Q Performing intellectual exercises like taking a

14 test that has a reaction on the brain?

15 A Yes.

16 Q Are you aware of the half-life of nicotine?

17 A Yes.

18 Q What is it?

19 A Sixty to ninety minutes, a variable number.

20 Q What does half-life mean?

21 A It's the time it takes for the level in the blood

22 of a drug to drop to one-half of its current level.

23 Q Given that type of half-life -- according to you

24 in any event -- which you said is sixty to ninety minutes, the

25 effect of the nicotine in the blood would reduce itself down

26 to practical nothingness within a matter of hours, correct?

27 A Depending on the the level you start with and

28 depending on how you want to define practical nothingness.

1 Q Half-life doesn't depend on the level you started
2 with because whatever level you start with within that period
3 of time it's down to half, correct?

4 A That's right.

5 Q So, when you just said "depending on what level
6 you start with," it isn't really relevant to the question?

7 A We are misunderstanding each other perhaps.

8 Q My point is this --

9 MR. WEBER: If I could make a mark on the board, your
10 Honor, to illustrate --.

11 THE COURT: Just for illustration. -

12 Q BY MR. WEBER: Let me make it quickly. Then I
13 will go back and ask.

14 (Illustrating)

15 Let's assume that is one and this unit here would
16 be one-half and --. Just to make sure everyone understands,
17 including me, if we assume that one is a level of some
18 substance.

19 All right?

20 A Yes.

21 Q When that substance's half-life is expired, the
22 level would be down to half of what it was formerly?

23 A Correct.

24 Q Within the next half-life, it would be down to
25 half of what it was at that time?

26 A Correct.

27 Q So that, regardless of what number you start
28 with, that half-life reduction down to practical nothingness

1 comes out the same, does it not, Doctor?

2 A How do you mean practical nothingness? I don't
3 understand the question.

4 Q That is to say when we get to the point we get a
5 level that is immeasurable.

6 A That is hard to answer if you talk about
7 nicotine, because nicotine is one of the most exquisitely
8 sensitive potent drugs. One microgram per kilogram, a
9 millionth of a millionth of a gram is enough to cause activity
10 at that third level there, whether it's nothingness or not,
11 really depends on the amounts.

12 If -- I have data on that if you want to get into
13 it.

14 Q Let me ask this: In terms of practical effect
15 and psychoactivity: Isn't it a fact that, after one stops
16 smoking, we go through a series of half-lives that, within a
17 matter of hours, there is no more activity from the nicotine?

18 A Oh, our data would say you are absolutely wrong
19 in that assumption. I can present the data from experiments
20 done in my lab if would you like to hear it.

21 Q Your position is then that, within a matter of
22 hours after one uses tobacco, the psychoactivity is not
23 reduced to a normal state?

24 A No, I am not saying that.

25 I am simply saying that the tobacco smoker who is
26 smoking two packs a day who, when they go to bed at night, has
27 a level as your "Time 1" on this of fifty -- say forty say,
28 forty nanograms per milliliter of blood, that person, when they

1 wake up eight hours later at your third point has a level of
2 ten nanograms per ml of nicotine in their morning blood before
3 their first morning cigarette.

4 Whether that ten nanograms per ml in the blood
5 has any psychoactivity, has any effects on function, nobody
6 knows. One has to assume that it does until proven otherwise
7 that it doesn't.

8 Q Let's stick with what we do know.

9 Based on what you do know, if a smoker goes to
10 bed and wakes up in the morning, the level that he has in his
11 system is not proven to have an psychoactivity effect,
12 correct?

13 A It's proven to have an psychoactive effect in the
14 sense, if they have a lower level than that, they are even
15 more driven to light up a cigarette quicker. It must be
16 having some effect that allows them to at least brush their
17 teeth and maybe do something else before they light a
18 cigarette.

19 Q There are things that may cause a a person to a
20 cigarette apart from whether or not there is a couple
21 nanograms grams of whatever in his blood serum, correct?

22 A That's right.

23 Q It's a learned habit to a degree, isn't it?

24 A Of course it is.

25 Q So, when you say "must be having an effect
26 because a person may want to light a cigarette," that doesn't
27 necessarily follow, does it, Doctor?

28 A The precise constellation of causes cannot be

1 nailed down one way or another; but, you can't eliminate any
2 of the causes by the same token.

3 Q Doctor, even under the way you would analyze the
4 half-life, within a matter of two days, the nicotine in the
5 bloodstream would be reduced?

6 A Of course, yes.

7 Q As a matter of fact, what do your studies show,
8 one day?

9 A It depends on how sensitive the instrument is
10 that you're measuring it. We now have a massspectrometer that
11 can measure a pyelogram, which I am sure we'll be able to
12 measure nicotine at least forty hours or so after someone
13 stops smoking. That is not the point. It's a measurement
14 gimmick, really.

15 Q Let's put the gimmicks aside and focus on the
16 realistic measurement of nicotine that might have an effect on
17 human beings.

18 MR. BELLI: I object to the word "gimmick" and ask it
19 be stricken.

20 THE COURT: I will ask counsel not to editorialize the
21 question.

22 MR. WEBER: Your Honor, I thought that was the word he
23 used.

24 THE COURT: I only admonish Counsel, not the witness.
25 I understand that was the word he used.

26 Q BY MR. WEBER: Let's focus on the practical
27 effect of the -- nicotine in the blood. Your studies show
28 that, within a matter of one day, it's reduced to a level

1 where it no longer has a practical psychoactive effect?

2 A That's correct.

3 Q The knowledge that smoking has a pharmacologic
4 effect is not knowledge that has occurred only in the past few
5 years, is it, Doctor?

6 A It goes back some years.

7 Q It goes back at least twenty, twenty-five years,
8 does it not?

9 A At least, yes.

10 Q Probably a good deal longer than that, correct?

11 A That's right.

12 Q It was discussed in great detail at the time of
13 the 1964 Surgeon General's report was it not, Doctor?

14 A I would assume so. I am not intimately involved
15 and familiar with that authority.

16 Q You mentioned the Surgeon General's report?

17 A The later ones. There are yearly ones. I don't
18 keep track of which years, what's in it.

19 THE COURT: Let him finish the question before you
20 interrupt.

21 Q BY MR. WEBER: You mentioned the Surgeon
22 General's report on smoking in your direct examination.

23 A Yes.

24 Q The first one was the one issued in 1964?

25 A I assume so if you say so.

26 Q Do you know one way or the other?

27 A That is not something I find important keeping
28 that milestone in mind.

1 Q Do you know whether or not there is an extensive
2 discussion in the 1964 Surgeon General's report regarding
3 whether or not tobacco was a habituating or an addictive
4 substance?

5 A I don't recall that discussion, -no.

6 Q So, as you sit here today as an expert in what
7 you say is the addictive quality of tobacco, you don't know
8 one way or the other whether or not the first Surgeon
9 General's report discussed whether or not tobacco was an
10 addictive substance?

11 A I am very familiar with the state of theory of
12 addiction twenty years ago and feel that the field has made
13 some progress in twenty years and that -- that is why I didn't
14 bother to read it in preparation for this testimony. That is
15 why I didn't cover it in a review chapter I am currently
16 writing. I don't think it's that important.

17 It's last year that theory is, and data. This is
18 1985.

19 Q Do you know whether or not, in any one of the
20 annual Surgeon General's reports since then, the Surgeon
21 General has issued a statement revoking the judgment made in
22 1964 that tobacco is not particular different?

23 A That's not the way scientists refer -- I don't
24 know of any statement revoking it, but there have been
25 statements in many of the recent reports saying it's an
26 addictive process.

27 Q Isn't it a fact that, in the recent reports,
28 tobacco smoking is still referred to as a habituating process?

1 A I heard Surgen General Cooper on the radio Sunday
2 say it was an addictive process.

3 MR. WEBER: Objection: move to strike.

4 THE COURT: The answer is stricken.
5

6 Q BY MR. WEBER: We are talking about Surgeon
7 General's reports now, Doctor, not what someone may tell you
8 on the radio, but in terms of formal reports of the Surgeon
9 General, right, sir?

10 A Yes, sir.

11 Q Isn't it a fact that the Surgeon General's
12 reports year after year after year have referred to tobacco as
13 a habituating usage?

14 A If I could take a look at "The Changing
15 Cigarette," which is one of the more recent reports, I could
16 read for you, for the Court, a quote which I think that says
17 the Surgeon General has changed his mind.

18 Q Are you able to answer my question one way or the
19 other right now?

20 A The answer is --

21 Q What position was taken by the Surgeon General,
22 Doctor, in the 1981 report; do you know?

23 MR. BELLI: I object to those old reports. I have no
24 objection to the current reports.

25 MR. WEBER: I am sorry?

26 MR. BELLI: I object to the old reports. I have no
27 objection to the now current, as of today, reports.

28 THE COURT: The 1981's an old report?

1 MR. BELLI: I object to them as being irrelevant,
2 immaterial and incompetent if we show that the new reports
3 have a different position.

4 THE COURT: I am going to ask the same question: You
5 think an '81 is an old report?

6 MR. BELLI: Yes, if it's a changed position, day and
7 night.

8 THE COURT: Okay.

9 Now, I do not know whether there's has been any
10 change. I will ask counsel to ask whether there has been any
11 change since the '81 report.

12 Before you go into it, we'll take our recess at
13 this time, before you do so.

14 Remember admonition, ladies and gentlemen: Do
15 not discuss the case among yourselves nor with anyone else,
16 nor make up your mind about it until it's finally submitted to
17 you.

18 We will see you in about ten or fifteen minutes.

19 (RECESS)

20 THE COURT: The record will reflect that everybody is
21 present.

22 Are we ready to proceed?

23 MR. WEBER: Yes, your Honor.

24 Q BY MR. WEBER: Doctor, we were discussing before
25 the break the Surgeon General reports, were we not?

26 A Yes.

27 Q I saw you reading through -- was it the '81
28 report during the break?

1 A I think at the '81 report.

2 Q The green-covered one?

3 A Yes.

4 Q There was an objection, as I recollect, about
5 recent reports and not wanting to use older reports; do you
6 remember that?

7 A Yes.

8 Q And let's look at the '83 report if we could.
9 That is more recent than the green one, is it not?

10 A (No response)

11 Q I will ask whether you recollect this statement
12 from Page 209 of the 1983 Surgeon General's report under the
13 topic "Nicotine."

14 "A number of observations have supported the
15 concept that nicotine is the major habituating agent in
16 tobacco and tobacco smoke."

17 Do you recollect that, Doctor, "yes" or "no,"
18 sir?

19 A No, no.

20 Q Now, the fact of the matter is, Doctor, that
21 referring to tobacco and smoking as habituating in 1983 is a
22 repetition of the position taken by the Surgeon General in the
23 first report in 1964, isn't it?

24 A Yes.

25 Q Indeed, in 1964, Doctor, reading from Page 350 of
26 the 1964 report, did not the Surgeon General state, "In the
27 medical and scientific terminology the practice (that is
28 smoking) should be labeled habituating to distinguish it

1 clearly from addiction, since the biological effects of
2 tobacco, like coffee, other caffeine containing beverages,
3 betel morsel chewing and the like are not comparable to those
4 produced by morphine, alcohol, barbiturates, and other potent
5 addicting drugs."

6 Do you recollect that, sir?

7 A No.

8 I didn't read those reports. I don't read the
9 Surgeon General's reports. I go to the primary sources for
10 which those reports are written. Those reports are fine. I
11 don't agree with them. I didn't read -- I can save us a lot
12 of time. I haven't read any of those.

13 Q You said you read them on direct.

14 A I have read some of them. I didn't read all of
15 them.

16 Q You just said you didn't read any of them. Now
17 you said you read some of them. On direct, you said you read
18 them all.

19 MR. BELLI: I object: That is argumentative.

20 THE COURT: Sustained.

21 THE WITNESS: I didn't read what you just read is the
22 simple answer to your question.

23 Q BY MR. WEBER: Let's sum up this part: What we
24 know now, at least with respect to the section that dealt with
25 habituation and addiction in the 1964 report, that is the area
26 you didn't read, correct?

27 A That's right.

28 Q That is the one area that dealt with what you

1 specialize in, correct?

2 A Correct.

3 Q Did you read the parts that deal with areas you
4 didn't specialize in?

5 A I leafed through them.

6 Q Now, you said you didn't read the Surgeon
7 General's reports, but you go to the underlying data?

8 A Right.

9 Q Is that because you find the reports unreliable?

10 A On the contrary, I just find them very dull
11 reading.

12 Q You disagree with this one, do you not, the '64?

13 A Yes, I disagree with it.

14 Q I take it you disagree with the '83 when it
15 refers to nicotine as habituating as opposed to addicting?

16 A I think the word "habituation" is a very vague
17 word. I disagree with the use of the word.

18 I suspect the Surgeon General would. He would
19 probably agree as to the meaning of the word "habituation,"
20 but it is a vague term.

21 Q Habituation has a different meaning in the
22 medical science than addiction?

23 A I don't think so. I think both of them have a
24 very blurry, fuzzy meaning.

25 Q They both have blurred and fuzzy meanings, but
26 you don't take the position that, in 1964 when the Surgeon
27 General wrote his report, that he thought they meant the same
28 thing?

1 A Ask it of him.

2 Q You're not stating now that addiction and
3 habituation were used synonymously by the Surgeon General in
4 the 1964 report?

5 A I cannot speak for the Surgeon General. How
6 could I?

7 Q You realize, in the 1964, report a clear
8 distinction was drawn between habituation and addiction?

9 A I would disagree it's a clear distinction.

10 Q Let me read this to you and see if -- let me read
11 to you, if I could, just to ask whether or not you think it's
12 a clear distinction, that same section I just tried, and have
13 you comment on that.

14 Is that all right, Doctor?

15 Again, from Page 350 -- "In medical and
16 scientific terminology, the practice (that is smoking) should
17 be labeled habituating to distinguish it clearly from
18 addiction, since the biological effects of tobacco, like
19 coffee and other caffeine containing beverages, betel morsels
20 chewing and the like are are not comparable to those produced
21 by alcohol, morphine or barbituates and other potent addicting
22 drugs."

23 A I think --

24 THE COURT: There may be an objection, which I didn't
25 hear.

26 MR. BELLI: Asked and answered. This is already read.

27 THE COURT: Overruled because the witness indicated
28 that he seemed to have some question as to what some words

1 meant. Otherwise, it normally would have been asked and
2 answered.

3 Answer the question, Doctor.

4 THE WITNESS: I would disagree with the conclusions in
5 that statement.

6 Q BY MR. WEBER: In 1964, the Surgeon General
7 stated that the distinction between addiction and habituation
8 that was being drawn was a definition which was at that time
9 accepted throughout the world as the basis for the control of
10 potentially dangerous drugs, did he not?

11 A Are you asking me is that written?

12 Q Do you recollect that?.

13 No, I don't recollect it because I don't remember
14 reading it.

15 Q Do you recollect when the Surgeon General, in
16 1964, based his determination on the criteria set up by the
17 World Health Organization?

18 A It's quite probable that he did that.

19 As I stated earlier before the recess, things
20 changed in the last twenty years about the nomenclature, the
21 definitions at the world level and locally.

22 Q So that you don't find it unreasonable that, in
23 1964, the Surgeon General looked to the criteria of the World
24 Health Organization?

25 A No.

26 Q You find it reasonable for him to do so, correct?

27 A That is probably all he had to go on in 1964.

28 Q The fact of the matter is, right now, the current

1 World Health Organization criteria don't classify tobacco
2 usage as drug dependency?

3 A It doesn't say what department of the World
4 Health Organization you are talking about.

5 If you talk about ICD-9, you're right. I made a
6 mistake there. If you are talking about the World Health
7 Organization committees, things are in a state of flux.

8 Q I am not talking about committees. I am talking
9 about what the World Health Organization talks about in the
10 Classification of Diseases, number nine. It's the most recent
11 statement of classification of disease.

12 A Right.

13 Q That does not include tobacco within the
14 definition of drug dependency, does it?

15 A I was wrong. I thought it did. I misspoke.

16 Q You referred earlier, Doctor, to the classical
17 definition of addiction, and said that, because of the
18 classical definition which limited it to drugs, potato chips
19 and those types of other things to which people commonly use
20 the word addiction really aren't addictions, correct?

21 A It's, I think, a misuse of the classical
22 definition is all I have been saying.

23 Q The fact of the matter is, Doctor, if we go back
24 to the classical definition of addiction, tobacco doesn't
25 satisfy that either, does it?

26 A In the current authoritative medical texts, it is
27 classified as an addictive drug.

28 Q The classical definition of addiction, the one

1 used by the World Health Organization and other standard
2 setting bodies internationally doesn't use tobacco as an
3 addiction, does it?

4 A The American -- no, it doesn't.

5 Q Now, sir, you also stated that there are many
6 factors that go into the matrix about whether or not a person
7 can quit smoking: genetics, body chemistry, friends, work,
8 relatives, correct?

9 A That's correct.

10 Q You stated all of these could conspire to make
11 the person a victim, unable to make a decision, correct?

12 A It can do that, yes.

13 Q Didn't you say that speaking about the deranged
14 state of the smoker?

15 A I don't remember here using the word "deranged."

16 Q Do you think smokers are deranged, Doctor?

17 MR. MONZIO: Argumentative?

18 THE WITNESS: No, I don't think they are deranged if I
19 understand how you use the term. I am only questioning what
20 you mean by deranged.

21 Q BY MR. WEBER: You don't remember having used it
22 on direct by the "deranged state of the smoker"?

23 A I might have said deranged or disorganized or
24 dysfunctional. If I said "deranged," with -- I mean, grossly
25 disorganized almost in a psychotic intensity. I either
26 misspoke, or didn't use it.

27 Q We'll let the record speak to that.

28 MR. BELL: I think he said deranged chemical --

1 THE WITNESS: I did say deranged chemical --

2 THE COURT: No. There is no question pending.

3 When someone is talking, I will ask you not to
4 interrupt.

5 I did not know if that is an objection.

6 MR. BELLI: Yes, that is an objection. He's misquoting
7 the witness.

8 THE COURT: Ladies and gentlemen, your twelve
9 memories -- fourteen now, but twelve eventually -- will make
10 the decision as to whether someone said something or not. If
11 you have some question about it, we have a method of handling
12 it. That is why we have a reporter if it's important.

13 However, I frankly, Counsel, don't recall one way
14 or the other. I remember hearing the word, but it may not be
15 used in the context of the question. If the word is used out
16 of context, it is your knowledge of the appropriateness of any
17 question related to and the relevance.

18 Q BY MR. WEBER: You stated earlier regarding your
19 understanding of addiction, Doctor, that people don't really
20 know they're addicted until they find out they can't stop.

21 Right?

22 A That's right.

23 Q So, if I understand it, if you try to stop and
24 can, you're not addicted right?

25 A No.

26 If you try to and can, but then later on restart,
27 that is the test.

28 Q Let's take someone who smoked for a number of

1 years and quit -- all right, sir?

2 A That's right.

3 Q -- is irritable for a day or two and doesn't
4 smoke; six months later you are called in, Dr. Reese T. Jones,
5 to give an opinion: Is this man addicted?

6 Is he?

7 A No.

8 Q He might be the next day if he starts again?

9 A That's right.

10 Q How about someone who is chain smoking, Dr. Reese
11 T. Jones is called in to give an opinion as to whether he's
12 addicted, a person smokes a pack and a half a day; is he
13 addicted?

14 A I would have to know whether the person has tried
15 ever to stop.

16 Q Let's say he tried to stop a few years ago,
17 realized he liked the taste of cigarettes and wanted to keep
18 doing it.

19 Is he addicted?

20 A I would be inclined to -- if -- yes.

21 Q What we are dealing with, Doctor, is a
22 self-fulfilling definition, are we not?

23 A To some extent, I suppose.

24 Q So that if someone wants to be addicted, all they
25 need to do is say, "I can't stop"; and, if you don't want to
26 be addicted, all you have to do is stop, and you're not.

27 MR. BELLI: That is argument: objection.

28 THE COURT: Overruled.

1 THE WITNESS: You're quite right.

2 MR. WEBER: Doctor, I have no further questions.

3
4 REDIRECT EXAMINATION

5 BY MR. BELLI:

6 Q I have a number of quesitons to clear up.

7 What did you say about a person being deranged
8 when they smoke or stop smoking; did you mean they were
9 mentally deranged, or did you -- or the chemistry was
10 deranged?

11 A I sometimes start talking too fast, and my mouth
12 runs ahead of my brain.

13 What I meant, I am quite sure, was that they were
14 biologically, biochemically deranged; that is, their hormones
15 were not in balance, their neurotransmitters were not in
16 balance, not that they are gravely psychologically deranged in
17 the sense that term is usually used.

18 Q Why is it that that a person can't stop smoking?

19 MR. WEBER: Object to that, your Honor: There is no
20 context to it.

21 THE COURT: I am going to sustain it. I am not sure
22 how it is relevant to the cross-examination.

23 Q BY MR. BELLI: If a person is addicted, he can't
24 stop smoking, right?

25 A That is part of the definition, yes.

26 Q Let's take that part of the [deposition]. What
27 is it that happens in the body, the blood, or wherever to make
28 it impossible or difficult in some people to stop smoking?

1 MR. WEBER: I object, your Honor. There were no
2 questions about blood chemistry or anything else.

3 THE COURT: Sustained.

4 Q BY MR. BELLI: What is that makes it impossible
5 for some people and most difficult for others to stop smoking?

6 A They have adapted to a life where there is a
7 significant amount of nicotine in their body, where there is a
8 significant amount of their life is involved with obtaining,
9 smoking, enjoying the cigarettes; and, if that is taken away,
10 there are derangements -- not mental derangement -- functional
11 derangements. Something is left that occupied six, seven,
12 eight, ten hours of their day.

13 Q Some people who try to stop smoking and are
14 successful, transitorily, for two months or two years, if they
15 start back two years later, would you say they were addicted;
16 and, if so, why?

17 A The duration of addiction probably is forever.
18 If circumstances two years after someone has essentially
19 stopped are such that it encourages smoking again, it becomes
20 more rewarding than not smoking, becomes more pleasurable than
21 not smoking, they start smoking again. We call it addiction.

22 Q What World Health Organizations now -- withdraw.
23 Is the definition of addiction and the studies of
24 addiction going on every day in tobacco smoking?

25 A There is a tremendous research activity.

26 Q Is there new laboratory evidence being found
27 daily?

28 A I think -- yes. Yes.

1 Q Will you tell the ladies and gentlemen of the
2 jury the unequivocal position of the Surgeon General right
3 now, today, as to whether cigarette smoking is addicting?

4 MR. WEBER: Let me object it's --

5 THE COURT: Ground?

6 MR. WEBER: The grounds are it's going to be based on
7 an incompetent foundation.

8 THE COURT: I am going to sustain the objection on the
9 basis you haven't laid a foundation.

10 If you're going to talk about the Surgeon
11 General's report, I will allow that question. That is not the
12 way the question was phrased.

13 Q BY MR. BELLI: When is the last Surgeon General's
14 report in print?

15 A I am not sure when the date of the last one, the
16 most recent one --.

17 Q Answer this "yes" or "no" and don't answer it any
18 more definitively: Do you have an opinion as to whether the
19 Surgeon General has an unequivocal position now as to
20 whether --

21 MR. WEBER: Objection.

22 THE COURT: Let him finish the question.

23 MR. WEBER: Can I approach the side bar?

24 THE COURT: Yes, you may.

25 (Whereupon, the following proceedings
26 were held at the side bar outside the
27 hearing of the jury:)

28 THE COURT: Mr. Belli, I guess what you want him to do

1 is quote his position -- the Surgeon General's position on the
2 radio the other day?

3 MR. BELLI: If he knows what the position is, talking
4 in school or among his researchers, or where he found out what
5 the Surgeon General's opinion today is.

6 MR. WEBER: Number one, absolutely classic hearsay.
7 It's not a government report. He's going to say, "The Surgeon
8 General told me something." I don't have the Surgeon General
9 here to cross-examine.

10 Number two, we are talking about the Surgeon
11 General's reports. The Surgeon General speaks through his
12 reports. We've established his reports say it's not
13 addictive. He can't say, "I had a side conversation with him,
14 and he really means to say something else."

15 THE COURT: The hearsay objection is certainly --
16 seems, on the surface, appropriate.

17 Do you have an exception? You are asking not
18 what what he said in the report but what he said outside that.

19 MR. BELLI: I am asking the statement of fact: What is
20 the Surgeon General's at the present time, referring to
21 whether cigarette smoking is addictive.

22 THE COURT: It calls for hearsay. Is there an
23 exception?

24 MR. BELLI: Yes, I think there is because he went into
25 the former reports as to the Surgeon General's opinion as
26 expressed in his reports now. There has been new evidence
27 introduced every day as the witness has testified.

28 The new evidence now is that it is definitely

1 addictive, and that is a position of the Surgeon General.

2 THE COURT: What is the exception?

3 MR. BELLI: In answer to the cross-examination as to
4 what the Surgeon General's opinion, is I think it would be
5 most unfair if we know that something is true now, and that
6 the jury is left with the impression that the old report is
7 the truism.

8 THE COURT: The objection is sustained.

9 I will instruct counsel not to go into or ask
10 questions relating to what the Surgeon General has told this
11 witness in any form without checking at the side bar.

12 (Whereupon, the following proceedings
13 were held at the side bar within the
14 hearing and presence of the jury:)

15 Q BY MR. BELLI: Doctor, the National Institute on
16 Drug Abuse, Addiction and Research Center, is that part of the
17 Health and Welfare Department of the United States Government?

18 MR. WEBER: Objection, your Honor: There were no
19 questions asked about the National Institute on Drug Abuse on
20 cross.

21 THE COURT: Was there anything asked about that, Mr.
22 Belli? I don't recall anything.

23 MR. BELLI: Asked about -- withdraw.

24 Q BY MR. BELLI: Doctor, do you base part of your
25 judgment of current evaluations of addiction of cigarette
26 smoking on anything in the National Institute of Drug Abuse,
27 Addiction and Research Center.

28 MR. WEBER: Same objection, your Honor.

1 THE COURT: Sustained.

2 Q BY MR. BELLI: What do you base your prejudgment
3 that cigarette smoking is addicting; among other things?

4 A My current judgment is based on the latest.
5 authoritative evidence that appears, not quite daily but
6 almost weekly, in the scientific journals. There are a number
7 of pivotal reports in the last few months.

8 Q Can you name one of them the most late and most
9 authoritative?

10 A I think one of the most important reports comes
11 out of the National Institute and Drug Abuse, Addiction
12 Research Laboratories in Baltimore. That is the main
13 government research center on addictive disease.

14 Q Is that part of the Johns Hopkins University
15 School of Medicine?

16 A They have an affiliation with the Johns Hopkins
17 School of Medicine.

18 Q Is that part of Health, Education and Welfare?

19 A It's all supported under that generalegis, yes.

20 Q What is their very latest, as of this month,
21 determination on addiction?

22 MR. WEBER: Objection, your Honor.

23 THE COURT: Sustained.

24 Q BY MR. BELLI: What do you base your opinion on
25 with reference to them?

26 MR. WEBER: Objection: That is vague. I can't tell --
27 I am not sure what he's asking.

28 THE COURT: I don't know what "them" means.

1 Q BY MR. BELLI: Doctor, you said that you based
2 your opinion as to the latest on addiction on an article in
3 the National Institute of Drug Abuse, Addiction and Research
4 Magazine. Is that right?

5 MR. WEBER: Objection: It is not what the doctor said.
6 Mr. Belli is testifying himself.

7 THE COURT: Sustained.

8 Q BY MR. BELLI: Doctor, do you base your judgment
9 and opinion that cigarette smoking is addictive on what?

10 A On a number of pivotal recent papers that have
11 come out within the past few months dealing with the specific-
12 issue of tobacco and nicotine addiction.

13 Q Are any of them having do with the National --
14 Health, Education and Welfare?

15 A Many of them do in the sense that that is the
16 organization that supports a bulk of scientific tobacco and
17 nicotine research in the United States.

18 Q Did you use or depend upon the article "Abuse
19 Liability in Pharmacodynamic Characteristics of Intravenous
20 and Inhaled Nicotine"?

21 MR. WEBER: Same objection.

22 THE COURT: Sustained.

23 Q BY MR. BELLI: Did you base your opinion and
24 judgment on any of the latest articles from the Health,
25 Education and Welfare --

26 A Most of the -- most the articles that I think of
27 as important pivotal ones come from that source of support.

28 Perhaps the most outstanding one that I think has

1 caused many skeptics to reconsider is one that recently came
2 out of the Addiction and Research Center in Baltimore,
3 published in the Journal of Pharmacology and Experimental
4 Therapeutics a few months ago. It's a key article.

5 Q What did that say?

6 A It concludes it conclusively --

7 MR. WEBER: Objection to what it says.

8 THE COURT: Did you base your opinion on this, Doctor?

9 THE WITNESS: Truly, I based my opinion, to some
10 extent, on this.

11 THE COURT: The objection is overruled.

12 Q BY MR. BELLI: Did your Honer overrule that?

13 THE COURT: I overruled the objection. You finally got
14 through to him.

15 Q BY MR. BELLI: Let me not do like you are accused
16 of doing, and I do, and overlap.

17 What was your opinion?

18 MR. WEBER: The last question wasn't what his opinion
19 was.

20 MR. BELLI: Let's read the question. You've succeeded
21 in confusing even me.

22 THE COURT: Doctor, do you remember what the question
23 was?

24 THE WITNESS: I would appreciate if someone would read
25 the question.

26 THE COURT: The one that gets punished by this
27 procedure is the court reporter.

28 (Whereupon, the record was read.)

1 MR. WEBER: Your Honor, I have an objection: He can't
2 say what the article says. The author of the article isn't
3 here to be cross-examined.

4 THE COURT: Doctor, tell us what your opinion was
5 that -- if it was based on any particular facts, you may state
6 generally, not specifically, what the article stated; but
7 generally you relied on it and what it said.

8 Again, ladies and gentlemen, the witness --
9 you're not to accept the witness' comments for the truth of
10 what the article said, but only for the reliability of the
11 opinion expressed by the witness.

12 Proceed.

13 THE WITNESS: I will try and explain why I cite that
14 particular --

15 Q BY MR. BELLI: Do you want to see the article?

16 A Is it proper?

17 THE COURT: Go ahead.

18 THE WITNESS: I will try to explain why I cited that.

19 Understanding tobacco dependence is like a jigsaw
20 puzzle, you have a few pieces here and a few pieces there.
21 This particular article is the end of a series of studies
22 started about five years ago about people associated with the
23 Addiction and Research Center. They put some of the final
24 pieces into the puzzle.

25 The pieces have to do with the specific role of
26 nicotine. How does nicotine compare with other drugs that are
27 unequivocally, by the World Health Organization and everybody
28 else, considered addictive drugs, when you give the nicotine

1 in the form of injections, IV or smoke, to people who have had
2 experience with tobacco addiction, with other drug addictions,
3 who know drugs. This was all a very tightly controlled study
4 with all the proper controls that these scientists would
5 demand, published in a prestigious journal where editorial
6 reviews are very rigorous. It fitted this piece in.

7 My understanding of the message from that
8 article -- I won't quote from it -- but my understanding from
9 the message in that article is that, when you give to people
10 who have had experience with cocaine and other drugs,
11 nicotine, whether given intravenously or given by smoked
12 routes, that produces similar sort of effects -- judged the
13 drugs to be very, very similar.

14 It's a procedure that is the standard, acceptable
15 one to assess drug dependence liability by the Food and Drug
16 Administration, by our U.S. Government and by other world
17 level organizations.

18 When subjected to that test, that procedure, like
19 it was a new drug we didn't know anything about -- it just
20 came off the shelf of some drug company; you put nicotine into
21 that procedure; you put tobacco into that procedure -- it
22 looks like a drug of abuse.

23 Sorry. I am so wordy, but that is the
24 conclusion.

25 THE COURT: Go ahead, Mr. Belli.

26 Q BY MR. BELL: Who is Jasinski? J-a-s-i-n-s-k-i
27 Donald Jasinski?

28 A Dr. Jasinski is someone who, I would imagine, for

1 twenty years, has been involved with the assessment of the
2 addiction liability of all types of drugs abused, legal drugs,
3 new drugs. Dr. Jasinski is one of the senior people in the
4 world who performed this study, signed his name as author to
5 it as one of the three authors, and I would assume, from
6 knowing him quite intimately, would support all the
7 conclusions that are in that paper.

8 Q Did he contribute to this article?

9 A He was one of the authors of the article.

10 Q You said something about LSD and smoking.

11 Did you make any suggestion as a choice that one
12 should choose LSD instead of smoking?

13 A The statement that I made --

14 Q Keep your voice up.

15 A The statement that I made was presented, I fear,
16 a little out of context in that, when I was presented with a
17 clinician's dilemma --

18 MR. WEBER: Your Honor, I object: The question was
19 whether he made the statement. Now, we are getting
20 commentary.

21 THE COURT: Sustained.

22 Listen to the question, Doctor, and try to answer
23 it.

24 Q BY MR. BELLI: Doctor, did you make any
25 suggestion that one should choose LSD instead of smoking?

26 A Yes.

27 Q What did you suggest?

28 A I suggested that, if one is talking about the

1 wise use of LSD, keeping in my own mind all the dangers of LSD
2 and the risks and the problems it poses, I think, on balance,
3 someone would be better off using LSD wisely -- I mean,
4 occasionally, intermittently -- than taking up smoking or
5 continuing smoking, in the case of the statement I was asked
6 to respond to.

7 Q How about William Pollen, who is he?

8 A Dr. William --

9 MR. WEBER: Objection, your Honor: Beyond the scope of
10 the cross.

11 THE COURT: Sustained.

12 Q BY MR. BELLI: Did you rely on William Pollen in
13 the National Institute of Drug Abuse and Research as to the
14 addictive qualities of tobacco smoke.

15 MR. WEBER: Objection: He's testifying.

16 THE COURT: Sustained.

17 Q BY MR. BELLI: Now, when someone wakes up at
18 night and has some -- smokes a cigarette, what is happening to
19 him physiologically? I am talking about someone who has one
20 to three packs a day.

21 A If it's someone who wakes up out of a sound sleep
22 with an urge to smoke, it's the body's response to a
23 deficiency, a lack of nicotine.

24 Q There was a part of page 43 that wasn't read, I
25 would like to read this to you. Page 43 was read down to line
26 20. I would like to read beyond that.

27 (Reading:)

28 *Q Whatever withdrawal symptoms exist

1 in stopping smoking for a particular individual,
2 they are certainly not on the same caliber of
3 withdrawal symptoms for morphine or heroin addict,
4 are they?

5 "A On the contrary, that's a common
6 misconception. It depends on dose.

7 "At lower doses of opiates use,
8 morphine or heroin or any other opiate, at lower
9 doses there is more similarity than you might
10 think to tobacco in the withdrawal. The classic
11 opiate withdrawal, if that is what you're talking
12 about, with vomiting, wretching, diarrhea, goose
13 flesh, and shakes, and irritability, no, you don't
14 see that with tobacco.

15 "But with lower doses of opiates,
16 and commonly, not always, the addicts come in
17 restless, irritable, can't sleep, feelings of
18 hot and cold, autonomic disturbance, really
19 minimal symptoms, and it's not unlike what one
20 sees in some tobacco smokers; not all tobacco
21 smokers. On the other hand, not all opiates users
22 know it, either.

23 "So, there is a lot of similarity on
24 a lot of the symptoms and signs."

25 Then there was another page --

26 MR. WEBER: I object to this, your Honor.

27 THE COURT: Give a page and line that you want to read.

28 MR. BELLI: I think it's 75, 19 to 27, through 27.

1 MR. WEBER: I've no objection if he wants to read it.

2 THE COURT: All right.

3 Q BY MR. BELLI:

4 (Reading:)

5 "Q If I can go back to the criteria
6 you gave for determining how much alcohol makes
7 one an alcoholic, I take it that you don't have
8 a precise amount of alcohol there, but it depends
9 upon the behavior that results from the consumption
10 of the alcohol?

11 "A The behavior that's associated with
12 it, not necessarily results directly from it.
13 Yes. It's an individually-determined figure."

14 Now, with smoking, is it an
15 individually-determined figure as to the particular
16 individual?

17 A Yes.

18 Q Some people can stop easier than others?

19 A Very much so.

20 Q Some people can't stop? That is a question.

21 MR. WEBER: Objection: He's testifying again. It's --

22 THE COURT: Sustained.

23 Q BY MR. BELLI: With some people, do they stop?

24 A Some people can stop surprisingly easily. Some
25 people cannot stop even though it's killing them.

26 Q You were asked about this psychic reaction when
27 you stand in front of an audience, you get some kind an
28 psychic reaction when cross-examining another doctor?

1 A I was experiencing it today.

2 Q But you didn't get cancer?

3 MR. WEBER: Objection.

4 THE COURT: Sustained.

5 Q BY MR. BELLI: Do you have an opinion as to
6 whether cigarette smoking is causative of carcinoma of the
7 lung?

8 MR. WEBER: Objection, your Honor --

9 THE COURT: Sustained.

10 The question is improper. You know it. I will
11 ask you not do it again. If I ask you the third time this
12 will be a problem.

13 Q BY MR. BELLI: That is all.

14 Thank you very much.

15 THE COURT: Anything additional?

16 MR. WEBER: Two or three, if I could, your Honor.

17
18 RECROSS-EXAMINATION

19 BY MR. WEBER:

20 Q With respect to what makes a person an addict or
21 not essentially depends on whether he says he can stop or not,
22 correct?

23 A That is part of definition, yes.

24 Q If the person goes ahead and stops, he's not an
25 addict, right?

26 A See, you and I are using different language.

27 When you say what makes the person the addict,
28 you're talking about the definition. I am thinking about the

1 mechanisms, what is going on in the mind.

2 Q Let me clear up my language. The definition of
3 addict, as you use it, with it carries the connotation that,
4 if someone quits, he's not an addict?

5 A That's a part of DSM III diagnostic.

6 Q He's not an addict unless he starts?

7 A Right.

8 Q On Monday, he's not addict, but Tuesday he might
9 be?

10 A Right.

11 Q If he's smoking now and enjoying it and doesn't
12 want to quit, he's not addict, right?

13 A That's right.

14 Q But if he's smoking now and tells somebody he
15 wants to quit but can't, he is an addict?

16 A That's right.

17 Q Nothing further.

18
19 FURTHER REDIRECT EXAMINATION

20 BY MR. BELLI:

21 Q There is physiological make up of some people
22 that prevent them from quitting, right?

23 MR. WEBER: Objection: beyond the scope of the
24 recross.

25 THE COURT: Sustained.

26 MR. BELLI: This is one further thing if we approach
27 the bench.

28 (Side bar conference not reported.)

(Whereupon, the following proceedings
were held in the chambers of the Court
outside of the hearing and presence of the
jury:)

MR. BELLI: I would suggest, again, that we have, on
cross-examination, it stated that there is an opinion of the
Surgeon General with reference to addiction. I think that,
under Section 1280, even if it's hearsay, we can ask the
witness if he relies on the Surgeon General's most recent
position for the support of his opinion that cigarette smoking
is addictive.

THE COURT: Mr. Belli, do you have anything in your
offer of proof other than the fact that the witness heard it
on the radio?

MR. BELLI: I don't care how he heard it.

THE COURT: You have nothing except --

MR. BELLI: Nothing further than that is his knowledge
now that he knows from the Surgeon General on public radio
that wouldn't be disseminated throughout the country, every
state in the United States, that the Surgeon General says it's
addictive.

THE COURT: That's not under 1280.

Request denied.

MR. WEBER: Can I make a motion at this time.

I want to speak slowly, because I am concerned
now. I want to make a motion -- I am not sure of the exact
nature of the California rules in this respect, so I hope

1 everybody bears with me.

2 I want to make a motion Mr. Belli be held in
3 contempt of court for the question about cancer. It was
4 unconscionable. It was precisely violative of the Court's
5 order this witness be limited to certain areas. It was done
6 solely for the purpose of influencing the jury. It's not
7 justified.

8 THE COURT: There is no question in my mind Mr. Belli
9 deliberately and willfully violated the order of the Court.

10 MR. BELL: I never --

11 THE COURT: We'll take up all questions of contempt at
12 the end of trial.

13 MR. BELL: There was nothing ever said about cancer
14 standing in front of the audience, Judge. He went into it on
15 cross-examination.

16 THE COURT: Let's proceed.

17 MR. BELL: It was relevant --

18 (Whereupon, the following proceedings
19 were held in open court within the
20 hearing and presence of the jury:)

21 MR. BELL: Nothing further.

22 THE COURT: Anything further Mr. Weber?

23 MR. WEBER: No, sir.

24 THE COURT: Unless I hear otherwise, the witness is
25 excused.

26 Hearing nothing, the witness is excused.

27 MR. MONZ: Let me make an inquiry with respect to
28 this witness as far as his being excused. In light of the

1 motion pending Monday and this most recent question that was
2 just --

3 THE COURT: If you want to call him back, that is a
4 different story. That doesn't mean -- he's excused from his
5 testimony here.

6 If you wish to call him back, that is something
7 else.

8 The witness is excused.

9 Counsel, may I see you for a moment at the side
10 bar?

11 (Side bar conference not reported.)

12 THE COURT: Ladies and gentlemen, we'll take our recess
13 at this time. We will not be in session on Monday morning. I
14 will let you know this afternoon for how long. I have another
15 matter that is going take a little while at nine o'clock, a
16 criminal matter.

17 Then counsel and I have -- are going to get
18 together on probably a lengthy hearing. I will let you know
19 before we leave today, after I discuss it with counsel this
20 afternoon.

21 I will ask them to stay for a moment for
22 scheduling purposes. I have the matter at four o'clock I told
23 you about yesterday.

24 Remembered the admonition -- we will see you at
25 1:30 today -- Do not discuss the case among yourselves nor
26 with anyone else nor make your mind about it until it's
27 finally submitted to you.

28 (Whereupon, the noon adjournment was

1 taken until 1:30 p.m. of the same day.)
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